## Nios S H<sub>2</sub>O

## Behind-the-Ear hearing aids

User Guide







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#### This user guide is valid for:

Wireless models Nios S H20 V Nios S H20 III

#### 1. Welcome

Your new hearing aid is a premium Swiss quality product. It was developed by Phonak, one of the world's leading companies in hearing technology. Your hearing aid offers the most modern digital hearing technology currently available on the market.

Please read these user instructions thoroughly in order to benefit from all the possibilities your new hearing aid has to offer. With proper use and care, you will be able to enjoy your hearing aid for many years to come.

If you have any questions, please consult your hearing care professional.

Phonak - life is on

www.phonak.com



## 2. Important safety information

Please read the information on the following pages before using your hearing aid.

A hearing aid will not restore normal hearing and will not prevent or improve a hearing impairment resulting from organic conditions. Infrequent use of a hearing aid does not permit a user to attain full benefit from it. The use of a hearing aid is only part of hearing habilitation and may need to be supplemented by auditory training and instruction in lipreading.

#### 2.1 Hazard warnings

⚠ The intended use of hearing aids is to amplify and transmit sound to the ears and hereby compensate for impaired hearing. The hearing aids (specially programmed for each hearing loss) must only be used by the intended person. They should not be used by any other person as they could damage hearing.

- Changes or modifications to the hearing aid that were not explicitly approved by Phonak are not permitted. Such changes may damage your ear or the hearing aid.
- ⚠ Do not use the hearing aids in explosive areas (mines or industrial areas with danger of explosions).
- Mearing aid batteries are toxic if they are swallowed! Keep out of reach of children and mentally challenged people or pets. If batteries are swallowed, consult your physician immediately!
- ⚠ If you feel pain in or behind your ear, if it is inflamed, if skin irritation or accelerated accumulations of ear wax occur, please check with your hearing care professional or physician.
- ⚠ In very rare cases, the dome can remain in your ear canal when removing the hearing tube from the ear. In the unlikely case that the dome does get stuck in your ear canal, it is strongly recommended to see a physician for safe removal.

#### 2. Important safety information

- Mearing programs in the directional microphone mode reduce background noises. Please be aware that warning signals or noises coming from behind, e.g. cars, are partially or entirely suppressed.
- ⚠ The hearing aid contains small parts that can cause choking, if swallowed by children. Keep out of reach of children and mentally challenged people or pets. If swallowed, consult a physician or hospital immediately.
- ★ External devices may only be connected if they have been tested in accordance with corresponding IECXXXXX standards. Only use accessories approved by Phonak AG, to avoid any electrical shock.

#### 2.2 Information on product safety

(i) Your hearing aid is resistant to water, sweat and dust under the conditions listed in chapter 5. After exposure to any of these elements the hearing aid must be rinsed in fresh water and dried, as the hearing aid contains sensitive electronic parts.

- i Protect your hearing aid from heat (never leave it near a window or in the car.) Never use a microwave or other heating devices to dry your hearing aid. Ask your hearing care professional about suitable drying methods.
- (i) When you are not using your hearing aid, leave the battery compartment open so that any moisture can evaporate. Make sure that you always completely dry your hearing aid after use. Store the hearing aid in a safe, dry and clean place.
- i Do not drop your hearing aid! Dropping onto a hard surface can damage your hearing aid.
- (i) Always use new batteries for your hearing aid. In case a battery is leaking, replace it immediately with a new one to avoid any skin irritation. You can return used batteries to your hearing care professional.
- (i) Remove the battery if you are not using your hearing aid for a long period of time.

#### 2. Important safety information

- (i) X-ray radiation (e.g. CT scans, MRI scans) may adversely affect the correct functioning of your hearing aids. We recommend that you remove them before undergoing X-ray procedures and keep them outside the room.
- i Do not use your hearing aid in areas where electronic equipment is prohibited.

## 3. Hearing aid description

The following user instructions describe Nios S H2O hearing aid.

The hearing aid can be adapted with a variety of earmolds.

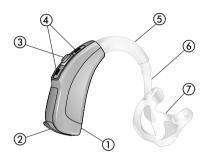
On the following pages use the labeled drawings to identify the hearing aid and the earmold that you use.

The following table shows what battery you need for your hearing aid model.

Model	Zinc air battery size (marking on package)	IEC code	ANSI code
V	13 (orange)	PR48	7000ZD
III	13 (orange)	PR48	7000ZD

#### 3. Hearing aid description

#### Option A: with classic earmold



- Right or left indicator (right=red, left=blue)
- 1 2 3 4 5 6 7 Battery compartment with ON/OFF switch
- Push button
- Microphone input
- Hook/sound output
- Hearing tube
- Classic earmold (detachable)

#### Option B: with dome

### Option C: with SlimTip





- 6 8 9 10 11 Hearing tube
- Earmold: Dome (detachable)
- Retention
- Earmold: SlimTip (detachable)
- Removal handle

# 4. Step-by-step instructions for using the hearing aid

The following chapter provides step-by-step instructions on how to use your hearing aid. Please follow these steps carefully. In the drawings, the parts that are particularly important for each step are shown in green.

#### Step 1. Getting to know your hearing aid

Take the hearing aid in your hand and try out the hearing aid controls. This will make it easier for you to feel and operate the controls later on when wearing the hearing aid.

Your hearing care professional can configure your hearing aid (push) button as either a volume control or a program selector.

To increase the volume, press the button on your right hearing aid. To decrease the volume, press the button on your left hearing aid (Fig. 1a).



Fig. 1a

In order to change a hearing program, press the button displayed (Fig. 1b).



Fig. 1b

#### Step 2. Battery preparation

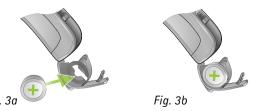
Remove the protective foil from the new battery (Fig. 2). Wait for two minutes before inserting to activate the battery.



Fig. 2

#### Step 3. Inserting the battery

Take the hearing aid in your hand (Fig. 3a) and open the battery door. Insert the battery so that you see the + symbol on the battery (Fig. 3b).



#### Step 4. Turning on the hearing aid

Switch on the hearing aid by closing the battery compartment (Fig. 4).



Fig. 4

- Open and close the battery compartment gently and carefully.
- (i) Check if you feel resistance when closing the battery compartment. Check to make sure the battery is correctly inserted and in the correct direction. If the battery is inserted the wrong way, the hearing aid will not work and the battery compartment can be damaged.

The hearing aid is now switched on. It can take up to 15 seconds before it starts. (When you wear the hearing aid, you will hear an acoustic signal).

#### Step 5. Inserting the hearing aid

This step shows you how to correctly insert the hearing aid. The type of earmold determines how the hearing aid is inserted.

(i) Each hearing aid is individually programmed for your right or left ear. For the first step identify right and left so you will be able to insert your hearing aid in the correct ear.

## **Step 5.1** Identifying the hearing aid for the right and left ear

Color indicator: right = red left = blue

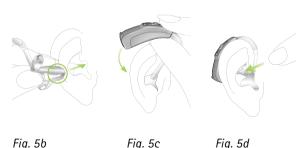


Fig. 5a

#### Step 5.2 Inserting the hearing aid with classic earmold

Before inserting the earmold, check that the earmold tube is slided over the hearing aid hook correctly. With your right hand, take your earmold for the right ear (red mark on the hearing aid, see step 5.1) between your thumb and forefinger (Fig. 5b).

Take the earmold up to your ear (Fig. 5b). Place the canal part of the earmold into your ear canal (see the part circled in green (Fig. 5b). Next place the hearing aid behind your ear (Fig. 5c). Then insert the upper part of the earmold into the upper part of the bowl of your ear (Fig. 5d).



If you have problems inserting the hearing aid, use your other hand to gently pull your earlobe downwards. This opens the ear canal a little more and you can rotate the earmold until it fits correctly.

Check the fit by running your finger over the bowl of the ear. You know it fits correctly if, when doing so, you feel the contour of the bowl of the ear and not the hearing aid (Fig. 5e). In the beginning, please use a mirror to check.

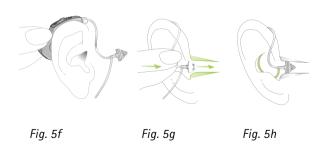


Fig. 5e

You have now successfully inserted the right hearing aid. Now insert your left hearing aid in the same way (marked in blue, see step 5.1).

#### Step 5.3 Inserting the hearing aid with a dome

Before inserting the dome, check that it is correctly attached to the tube (dome length is completely slided over the tube). With your right hand, place the right hearing aid (red mark on the hearing aid, see step 5.1) behind your right ear (Fig. 5f). Place the hearing tube between your thumb and forefinger. Insert the dome deep enough into the ear canal so that the hearing tube lies flat on your ear (Fig. 5g). If your hearing aid has a retention cord, then press it into the bowl of the ear in order to retain the dome in the ear canal (Fig. 5h).



If you have problems inserting the hearing aid, use your other hand to gently pull your earlobe downwards. This opens the ear canal a little more and you can rotate the dome until it fits correctly.

You have now successfully inserted the right hearing aid. Now insert your left hearing aid in the same way (marked in blue, see step 5.1).

Step 5.4 Inserting the hearing aid with a SlimTip

Follow the instructions in Step 5.3, as this procedure is identical.

#### Step 6. Adjusting the volume control behind the ear

Your hearing care professional can configure your hearing aid (push) button as either a volume control or a program selector.

To increase the volume, press the button on your right hearing aid. To decrease the volume, press the button on your left hearing aid. Use your thumb to lightly support the hearing aid (Fig. 6a).

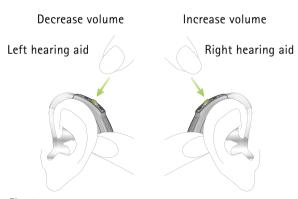


Fig. 6a

#### Step 7. Selecting the hearing program behind the ear

In order to select or change a hearing program, press the program button displayed (Fig. 7a).



Fig. 7a

If you press it again, you change to the next program. A signal indicates the change. A signal tone can only be easily heard if you have turned on the hearing aids and you are wearing it correctly behind the ear.

#### Step 8. Removing the hearing aid

## Step 8.1 Removing the hearing aid with classic earmold

Take the hearing aid from behind your ear (do not touch the tube!) and lift it above the upper part of your ear and then gently let go (Fig. 8a).



Fig. 8a

Use your thumb and forefinger to grasp the earmold in your ear (not the tube!) and gently remove it from your ear (Fig. 8b).



Fig. 8b

#### Step 8.2 Removing the hearing aid with a dome

Grasp the hearing aid by the hearing tube and carefully remove it from your ear (Fig. 8c).



Fig. 8c

⚠ In very rare cases, the dome can remain in your ear canal when removing the hearing tube from the ear. In the unlikely case that the dome does get stuck in your ear canal, it is strongly recommended to see a physician for safe removal.

#### Step 8.3 Removing the hearing aid with SlimTip

Follow the instructions in Step 8.2, as this procedure is identical.

#### Step 9. Turning off the hearing aid

You can turn off your hearing aid by opening the battery compartment (Fig. 9).



Fig. 9

#### Step 10. Changing the battery

Your hearing aid will indicate with a double beep, that the battery soon needs to be changed. You typically have up to 30 minutes to change the battery, however this can differ and might be considerably shorter. We recommend that you always keep a spare battery on hand.

**Step 11.** Changing the battery in hearing aids with a secured battery compartment

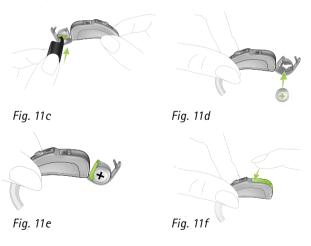
The hearing aid has the option to be fitted with a secured battery compartment if needed for safety reasons. To change the battery you need to unsecure the battery compartment. Use the battery door tool and put it into the notch shown (Fig. 11a). Pull the battery compartment downwards until its open (Fig. 11b).



Fig. 11a



Push the battery out of the battery compartment with the battery door tool (Fig. 11c). Insert the new battery so that you see the + symbol on the battery (Fig. 11d). Before you close the battery compartment, check that the battery is in position and beneath the white plastic tab (Fig. 11e).



Close the battery compartment properly and check that it can't be opened by hand (Fig. 11f).

#### 5. Care and maintenance

Diligent and routine care of your hearing aid contributes to outstanding performance and a long service life.

Please use the following specifications as a guideline:

#### General information

Before using hair spray or applying cosmetics, you should remove your hearing aid from your ear, because these products may damage it.

#### Nios S H2O is WaterResistant

Nios S H2O hearing aids are resistant to water (including temporary immersion), sweat and dust under the following conditions:

- The battery door is fully closed. Ensure that no foreign objects such as hair is caught in the battery door when it is closed.
- After exposure to water, sweat or dust, the hearing aid is rinsed in fresh water and dried.
- The hearing aid is used and maintained as described in this user guide.

#### 5. Care and maintenance

- i Nios S H2O hearing aids modified with either the design-integrated FM receiver or tamperproof battery door are also WaterResistant.
- (i) Nios S H2O hearing aids modified with a battery compartment allowing use of an audio shoe and universal FM receiver, are no longer WaterResistant.
- (i) Always remove your hearing aid before diving, snorkeling, waterskiing or other activities where it could be immersed for an extended period of time or subject to excessive force.
- (i) Use of your hearing aid in and around water can restrict air flow to the batteries causing it to stop working. Should your hearing aid stop working after coming into contact with water, refer to the troubleshooting steps in chapter 6.

#### Daily

Inspect the earmold (dome or SlimTip) and tube for earwax and moisture deposits. Clean the surfaces with a lint-free cloth. Never use cleaning agents such as household detergents, soap, etc. for cleaning your hearing aid. If you need to clean your hearing aid intensively, ask your hearing care professional for advice and information on filters or drying capsules.

#### Weekly

Clean the earmold (dome or SlimTip) with a soft, damp cloth or with a special cleaning cloth for hearing aids. For more in depth maintenance instructions or for more than basic cleaning, please see your hearing care professional.

#### Monthly

Inspect your hearing tube for color changes, hardening, or cracks. In the case of such changes, the hearing tube has to be replaced. Please see your hearing care professional.

### 6. Troubleshooting

Hearing aids sound softer than usual / no sound First check whether you can adjust and make the sound louder with the volume control. Then check the hearing tube and earmold for earwax residue and clean if necessary. Check whether the battery is correctly inserted and properly fitted, adjust the fit if necessary. If there is no improvement, change the battery. If the problem persists, contact your hearing care professional.

Hearing aid stops working after contact with water Rinse the hearing aid in fresh water and dry it with a soft cloth or tissue. Open the battery compartment, allow the hearing aid to dry and replace the battery. Should any water be present in the hearing tube, remove it from the hearing aid, tap it gently to disperse the water and re-attach it to the hearing aid. If the problem persists, contact your hearing care professional.

#### Battery discharges too quickly

Insert a new battery and make note of exactly how long it lasts. Contact your hearing care professional with this information, they will be able to help and advise you.

#### Crackling or buzzing noises

Check the hearing tube and earmold for earwax residue. Check the hearing tube for damage (color changes, hardening, or cracks) and contact your hearing care professional if necessary for replacement.

#### Whistling

Check whether the earmold is correctly and firmly fitted. If this is the case, but the problem persists, please consult with your hearing care professional.

#### Pain or inflammation in your ear

Remove the hearing aid and consult with your hearing care professional. If the problem is serious, please contact your physician.

#### 7. Wireless Accessories

Phonak has developed a broad range of wireless accessories for convenient control of your hearing aid. They include remote controls, wireless audio streaming devices for connection to TV (via TVLink), cell phones etc. refer to schematic below:



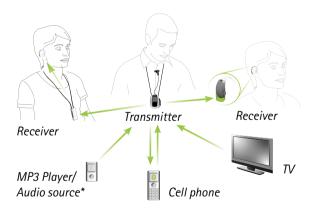
\* Non wireless audio sources can be connected by wiring directly to the wireless audio streaming device.

#### 8.1 General information

FM systems are wireless communication systems, consisting of a transmitter and a receiver. For more information, please visit www.phonak.com or ask your hearing care professional. If you already have an FM system and need additional information, please consult the relevant user instructions.

Transmitter: placed close to the speaker or connected to the sound source (Cell phone, TV etc.), transmits the sound over distance to the receiver directly without disruptive background noise.

Receiver: worn by the listener (neckloop) or connected directly to the Behind-The-Ear hearing aids.



Non wireless audio sources can be connected by wiring directly to the transmitter.

#### 8.2 FM system description

The following pages describe the two FM receiver models: the design-integrated FM receiver and the audio shoe with universal FM receiver.

On the following pages use the labeled drawings to identify the FM system that you use.

Option A: Design-integrated FM receiver



- (1) Hearing aid
- ② Design-integrated FM receiver

With the design-integrated FM receiver attached the hearing aid offers all functionalities and usability as without the FM receiver. (see chapter 4)

Your hearing care professional has already prepared your hearing aid for use with the design-integrated FM receiver. The design-integrated FM receiver can not be removed. Please ask you hearing care professional for further information.

(i) Nios S H2O with the design-integrated FM receiver is WaterResistant. For more information on the WaterResistant properties of the Nios S H2O housing, please see chapter 5.

#### Option B: Audio shoe with universal FM receiver



- Hearing aid
- ② Battery compartment
- 3 Audio shoe for universal FM receiver
- (4) Universal FM receiver

With the universal FM receiver attached the hearing aid offers all functionalities and usability as without the FM receiver (see chapter 4).

i Nios S H2O with the audio shoe and the universal FM receiver is not WaterResistant. Please ask you hearing care professional for further information.

Attaching the audio shoe to the hearing aid Your hearing care professional has already prepared your hearing aid for use with a universal FM receiver.

To attach the audio shoe, hold the hearing aid between the thumb and forefinger of one hand and the audio shoe in the other hand. Push the audio shoe towards the bottom of the hearing aid. Match the grooves of the hearing aid with those of the audio shoe (Fig. 8.1).

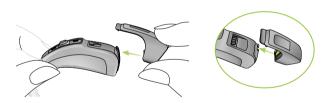


Fig. 8.1

Push the hearing aid down until it snaps into place (Fig. 8.2). The audio shoe is now properly attached to

the hearing aid. A universal FM receiver can now be attached.



Fig. 8.2

Attaching the universal FM receiver to the audio shoe Connect the universal FM receiver to the audio shoe by pushing the three pins of the universal FM receiver into the three sockets of the audio shoe. The universal FM receiver is correctly connected to the audio shoe once it is clicked in place (Fig. 8.3). Please refer to the specific FM receiver user instruction.



i To have FM immediately active when required, Phonak recommends to leave the universal FM receiver attached when not in use.

Remove the audio shoe from the hearing aid To remove the audio shoe, take the hearing aid between your thumb and forefinger. Pull the locking system on the audio shoe back (Fig. 8.4).



Fig. 8.4

At the same time pull the hearing aid upwards with the other hand (Fig. 8.5). The audio shoe is now removed from the hearing aid.



Fig. 8.5

### 9. Service and warranty

#### 9.1 Local warranty

Please ask the hearing care professional, where you purchased your hearing aid, about the terms of the local warranty.

#### 9.2 International warranty

Phonak offers a one year limited international warranty, valid starting from the date of purchase. This limited warranty covers manufacturing and material defects in the hearing aid itself, but not accessories such as batteries, tubes, earmolds, external receivers. The warranty only comes into force if a proof of purchase is shown.

The international warranty does not affect any legal rights that you might have under applicable national legislation governing sale of consumer goods.

#### 9. Service and warranty

#### 9.3 Warranty limitation

This warranty does not cover damage from improper handling or care, exposure to chemicals or undue stress. Damage caused by third parties or non-authorized service centers renders the warranty null and void. This warranty does not include any services performed by a hearing care professional in their office.

Serial number (left side):	Authorized hearing care professional (stamp/ signature):
Serial number (right side):	•
Date of purchase:	

### 10. Compliance information

#### Europe:

#### **Declaration of Conformity**

Hereby Phonak AG declares that this Phonak product meets the requirements of the Medical Devices Directive 93/42/EEC as well as the Radio and Telecommunications Terminal Equipment Directive 1999/5/EC. The full text of the Declaration of Conformity can be obtained from the manufacturer or the local Phonak representative whose address can be taken from the list on www.phonak.com (Phonak worldwide locations).

Australia:

Supplier Code Number

15398

New Zealand:

Supplier Code Number

Z1285

#### 10. Compliance information

The wireless models listed in chapter 1 are certified under:

USA FCC ID: KWC-WHSSAN1 Canada IC: 2262A-WHSSAN1

#### Notice 1:

This device complies with Part 15 of the FCC Rules and with RSS-210 of Industry Canada. Operation is subject to the following two conditions:

- 1) this device may not cause harmful interference, and
- this device must accept any interference received, including interference that may cause undesired operation.

#### Notice 2:

Changes or modifications made to this device not expressly approved by Phonak may void the FCC authorization to operate this device.

#### Notice 3:

This device has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules and ICES-003 of Industry Canada. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This device generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this device does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the device and receiver.
- Connect the device into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

# 11. Information and description of symbols



With the CE symbol, Phonak AG confirms that this Phonak product – including accessories – meets the requirements of the Medical Devices Directive 93/42/EEC as well as the R&TE Directive 1999/5/EC on radio and telecommunications equipment. The numbers after the CE symbol correspond to the code of certified institutions that were consulted under the above-mentioned directives.



This symbol indicates that the products described in these user instructions adhere to the requirements for an applied part of Type B of EN 60601-1. The surface of the hearing aid is specified as an applied part of Type B.



EMC and Radio communications compliance label Australia.



This symbol indicates that it is important for the user to read and take into account the relevant information in these user guides.



This symbol indicates that it is important for the user to pay attention to the relevant warning notices in these user guides.



Important information for handling and product safety.

# Operating conditions

The product is designed such that it functions without problems or restrictions if used as intended, unless otherwise noted in these user guides.

#### 11. Information and description of symbols

# Transport and storage conditions

Temperature: -20° to +60° Celsius (-4° to + 140° Fahrenheit)

Humidity transportation: Up to 90%

(non condensing)

Humidity storage: 0% to 70%, if not in use. See instruction in chapter 2.2 regarding drying the hearing aid

after use.

Atmospheric pressure: 200 hPA to

1500 hPa



The symbol with the crossed-out garbage bin is to make you aware that this hearing aid may not be thrown away as normal household waste. Please dispose of old or unused hearing aids, at waste disposal sites intended for electronic waste, or give your hearing aid to your hearing care professional for disposal. Proper disposal protects the environment and health.

Notes


#### Manufacturer:

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#### **EU Representative:**

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www.phonak.com



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